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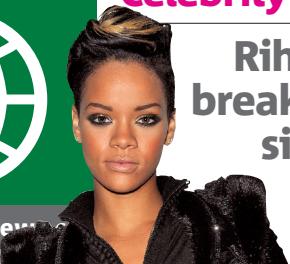
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Rihanna
breaks her
silence
pg 26

HALIFAX • WEDNESDAY, NOVEMBER 4, 2009

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French teacher Janice Mitchell quizzes her Grade 4 class at Joseph Howe Elementary School yesterday. A much higher percentage of teachers within the Halifax Regional School Board have been absent of late.

Teachers missing

Educator absenteeism up as H1N1 pandemic strikes

MONIQUE MUISE
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Whatever is causing high levels of absenteeism among students in the Halifax area is also striking their teachers.

The Halifax Regional School Board told Metro yesterday that 452 teachers were absent from the classroom on Monday — representing about 13 per cent of its teaching staff. In the past, the daily average has hovered somewhere between five and seven per cent, said school board spokesman Doug Hadley. "We are only tracking absences, not the reason for

the absence," Hadley added. "I'm assuming many of these teachers are ill, but there would be some who are off for various other reasons."

The number of confirmed cases of H1N1 flu in Nova Scotia continues to climb, but there is still no indication that swine flu is the main cause of the higher-than-normal levels of absenteeism in schools.

Substitutes are being called in to ensure that classes continue, but according to some educators, walking into a classroom and being greeted by a stranger can still be disruptive for many students. "It can be quite significant,

Absenteeism

Over the past two weeks, 65 out of 137 schools in the Halifax Regional School Board have reported higher-than-normal absenteeism due to illness.

especially for students in an elementary environment," explained John McPherson, acting-principal at Joseph Howe Elementary School in Halifax. "Children are quite attached to their classroom teachers because they teach almost every subject. When you have a substitute in, it can throw things off a little bit."

Five out of 14 classroom teachers at Joseph Howe Elementary were absent yesterday. McPherson said detailed lesson plans had been provided for the substitutes.

"Things are actually going quite well today," he said. "We have very competent substitutes ... and a substitute is never expected to walk into a building and just wing it."

The province's chief medical officer Dr. Robert Strang reiterated yesterday that any teacher or student exhibiting flu-like symptoms should stay home, and said he was pleased that many seemed to be heeding that advice.

More vaccine
on its way

H1N1 Almost 19,000 additional doses of the H1N1 flu vaccine will be made available to Nova Scotians by the end of the week, but restrictions on who can get the shot will remain in place for now.

The province's chief public health officer, Dr. Robert Strang, announced yesterday that 13,500 doses of adjuvanted vaccine have been shipped and should be distributed to most clinics by tomorrow. An additional 5,400 unadjuvanted doses, recommended for pregnant women, were ordered from Australia and should arrive today.

Strang emphasized, however, that vaccinations are still limited to children between six and 59 months, pregnant women, First Nations communities and frontline health-care workers. Once those groups are taken care of, he said, the province will immediately open clinics to other high-risk groups.

MONIQUE MUISE/METRO HALIFAX

News on the Move

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Sports pg 12

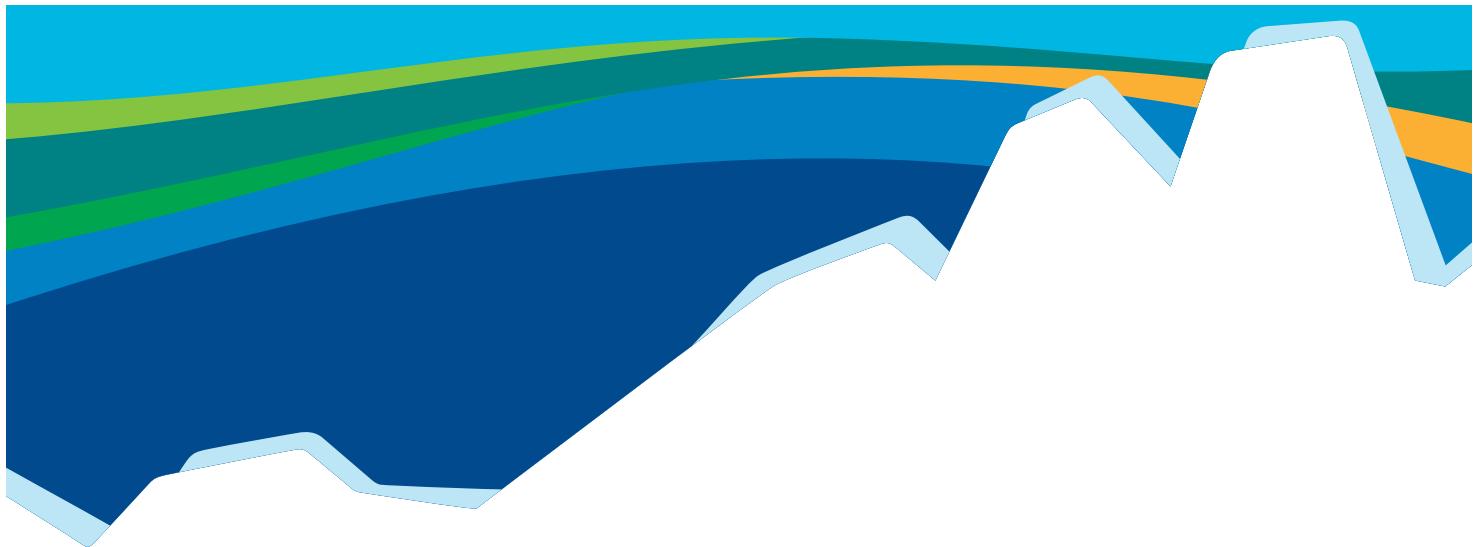


Tigers have a new look

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Local



Barber coming back to Halifax

Former Haligonian Jill Barber, left, is returning to the city for a performance at St. Matthew's United Church on Barrington Street Friday, Feb. 12, at 8 p.m. The multiple Juno Award nominated artist who grew up in Ontario and now resides in Vancouver is performing in support of her 2008 release, *Chances*. Tickets are \$25 in advance and \$30 the day of the show. Tickets go on sale Friday at 10 a.m. and are available at all Ticketpro outlets or online at sonicconcerts.com.

METRO HALIFAX



Lahey back in Ottawa court today

CRIME The case of a Roman Catholic bishop facing child-pornography charges is back in an Ottawa court room today.

A routine hearing is to be held for Raymond Lahey, who is charged with possessing and importing child pornography.

The Nova Scotia bishop was charged Sept. 25 — 10 days after he was detained and questioned by Canada Border Services Agency officers at Ottawa airport.

Police say they found hundreds of files and dozens of videos on Lahey's laptop after he arrived in Ottawa on a flight from the United Kingdom, many of them showing young males engaged in sex acts.

Police warrants say some images show boys as young as eight, though none of the allegations made in the search warrants have been proven in court.

THE CANADIAN PRESS

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WHAT'S ONLINE TODAY

Video A dog reunites with his owner after an unusual custody battle in Nova Scotia at metronews.ca/canada

Blogs The SpinDoctor weighs in on Ottawa's handling of the H1N1 outbreak and what the Grits need to revive their poll numbers

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A shot at clarification

Public health officer attempts to lay out province's H1N1 strategy

Flu Outbreak

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Nova Scotia's chief public health officer attempted to outline the province's approach to the H1N1 flu vaccinations once and for all in Halifax yesterday, saying he understands the confusion and frustration being expressed by many people over the past few days.

Dr. Robert Strang told reporters a constantly changing flow of information about H1N1 and an unexpected vaccine shortage forced his team to make some tough decisions last week — which included restricting the shot to very high-risk groups.

"I don't sleep very well right now, because I understand there are people out there who need vaccine and aren't getting it," he said. "But we need to allow those who need the vaccine most to get it."

There has been harsh criticism of the current policy because it doesn't permit most people with chronic illnesses to get vaccinated. Strang said the 160,000 doses allotted to the province wouldn't even come close to covering everyone under the age of 65 with a chronic health problem. It's estimated that 472,000 Nova Scotians fall into that category, and health officials are currently working on a way to break the huge group up



A father and his two children walk into the Captain William Spry Community Centre yesterday. Today's H1N1 vaccination clinics include the Captain William Spry Centre, Dartmouth Sportsplex, East Preston Recreation Centre and Newbridge Academy in the Sackville Sports Stadium.

Clinic times and locations

Clinics open today for pregnant women and children aged six to 59 months:

- Dartmouth Sportsplex, Dartmouth: 8:30 a.m. - 2:30 p.m.
- Captain William Spry Community Centre, Spryfield: 1:30 p.m.

into various risk levels.

For now, Strang explained, vaccinations must go to the groups that have exhibited the most severe reactions to H1N1 and who

- pm - 7:30 pm
- East Preston Recreation Centre, East Preston: 1:30 p.m. - 7:30 pm
- Sackville Stadium (Newbridge Academy), Lower Sackville: 1:30 p.m. - 7:30 pm

often end up in intensive care units. Those include very young children, First Nations communities and pregnant women.

"As vaccine becomes

available, we'll add more and more groups based on their level of risk," Strang said. He would not indicate when that might happen.

Strang also warned that H1N1 has just begun to ramp up in Nova Scotia, and the number of cases is likely to increase in the coming weeks.

"We're going to see more people in the hospital, and we will probably see some people die," he said. "That's the reality of this disease."

Dog dispute ends with return of pup

FIRE Earl Shadbolt has been reunited with his terrier Willie, ending a dispute with a neighbour who took the dog in after a fire in Shadbolt's home in Nova Scotia.

The 75-year-old man had left his small cross-breed with a friend from church after the fire in April.

Five months later, they had a dispute over payment for care of the dog. But a deal has been worked out, Shadbolt's lawyer said.

METRO HALIFAX

IWK tightens visitation policy

PHILIP CROUCHER
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HEALTH The IWK Health Centre has toughened its visitation access even more in wake of the H1N1 pandemic.

Starting yesterday, only two visitors are now allowed per patient at the hospital, and according to an IWK release issued, "those two visitors should be the same two pre-identified people as long as this

restriction remains in place."

As well, children under 12 are restricted from visiting except for "compassionate reasons" and anyone with flu-like symptoms shouldn't visit patients at all. Last Friday, the IWK announced the wake of the H1N1 virus, only immediate family as defined by the patient were allowed to visit those in hospital. The release said these temporary restrictions are required to

protect patients, "many of whom are at high risk of complications from the H1N1 flu virus."

The release also said families coming to the IWK Emergency Department are being asked to limit the number of people accompanying their children. Also yesterday, the IWK announced its labour and delivery classes, along with its birth pre-admission clinic sessions, have been cancelled until further notice.

Emergency N.S. H1N1 debate held

Flu Outbreak

PAUL MCLEOD

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DRIVE The Nova Scotia legislature called an emergency debate yesterday on the H1N1 pandemic.

After spending most of question period debating the government's handling of the vaccination drive, the Liberals managed to pass a motion keeping the discussion going at the end of the day for an extra hour and a half.

It consisted mostly of questioning and defending the government's decisions around the vaccine shortage.

This is the second time the legislature has stayed late for emergency debate this fall.

Last month the Tories managed to call an emergency debate that went from 10 p.m. to midnight on a looming community college teachers' strike.

Single-car crash claims one man

ACCIDENT Halifax RCMP are investigating a fatal car crash that killed a 20-year-old Bedford man whose 2010 Volkswagen Rabbit struck a utility pole on the Hammonds Plains Road Monday night.

Police say the single-vehicle accident occurred at 9:20 p.m. on the 1800 block with the 20-year-old dying en route to hospital. The victim was travelling west on the road when the accident took place.

The victim's name hasn't been released.

METRO HALIFAX

Correction

In the story Hundreds line up as vaccinations continue for high-risk groups (Metro Halifax, Nov. 3), the World Trade and Convention Centre was incorrectly listed as a H1N1 vaccination clinic location from 8:30 a.m. to 5:30 p.m. yesterday. We apologize for any inconvenience this may have caused.



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Wednesday, November 4, 2009

Killam Properties profits soar

4 local

Killam Properties Inc., a Halifax-based real-estate company, says its third-quarter profits rose to \$597,000 from \$58,000. **THE CANADIAN PRESS**

Psychiatrists on hold

No contract means no participation in new court

PAUL MCLEOD
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Capital District Health Authority psychiatrists are refusing to take part in the new mental-health court until they get a contract.

The province's first mental-health court opens tomorrow in Dartmouth and at times will need psychiatric assessments.

But psychiatrists in the region haven't had a contract since their last one expired over three years ago. They say they've already taken on more work without extra pay and can't take on more.

The government says it can't hammer out a new contract right now because it's overloaded with dealing with H1N1.

"I think it's pretty clear

what I'm looking at in the next 10 days and it's not sitting down and doing collective bargaining, sadly," Health Minister Maureen MacDonald said.

"We will get to this issue as soon as we can, but we are dealing with a public health emergency."

That contradicted what Premier Darrell Dexter said earlier in response to a Liberal inquiry during question period. Dexter said a new contract was "in the process of being approved in the next week or so."

Liberal Leader Stephen McNeil said the premier and minister were sending mixed messages.

"Who's telling the truth in regards to this issue? Who are psychiatrists supposed to believe?" he said. Justice officials say the

mental-health court will not be affected because if psychiatric work is needed before things are settled, they will hire private psychologists on a per-diem basis.

A memorandum of understanding signed in June outlined that a new contract, or academic funding plan, should have been resolved by Oct. 31. Nova Scotia Psychiatric Association president Aileen Brunet said that hasn't happened yet and her group is overworked.

"We would never withdraw services we're currently providing to patients, some of which we are providing essentially on a volunteer basis because the current contract doesn't cover all the services we're providing," she said.



RYAN TAPLIN/INMETRO/HALIFAX

Sherry Benteau pours a bucket of pennies onto her table yesterday. Benteau is trying to get enough pennies — around 10 million or so — to pay off her student loan.

Every penny counts for debt-laden student

MICHAEL KIMBER
for Metro Halifax



CHALLENGE Dalhousie University student Sherry Benteau plans to pay off her student loan one penny at a time — literally.

In fact, if she can collect all of the pennies needed, the total weight of the coins would be an estimated 50,000 pounds and a truck would be needed to take them all to the bank.

Benteau's goal is to raise 10 million pennies to pay off her \$100,000 student loan debt. She started her collection in May and so far has 30,000 pennies — or \$300 — collected from friends, co-workers and

customers from the downtown Halifax coffee shop where she works.

"I was on StatsCan today and realized that if one in three Maritimers gave 18 pennies, I would make my goal," Benteau said, adding she views her cause as a challenge, not charity.

"I saw on TV once that if all the pennies in Canada were collected, there would be enough money to pay off the national deficit. It sort of stuck."

While her student loan is not equivalent to the national deficit, she said it's more than she can afford.

Her loan payments are \$1,000 a month, much more than what she makes part-time at Second Cup on

Spring Garden Road.

She is now a part-time student, and that requires her to start paying back her loan. She has earned an honours degree in sociology with a minor in English at Dalhousie. She is finishing a degree in geology this year, having vowed she would only leave school when there was a job on the way.

She said the recession has killed those dreams as her friends' jobs were taken away shortly after graduation because of tough economic times.

She is now 33 and worries she will be paying off her student loans while her friends are paying off their mortgages.

Motorist checkpoints this month

The HRP/RCMP Integrated Traffic Unit said they will hold checkpoints to advise drivers of readying vehicles for winter and safe-driving practices. **METRO HALIFAX**

local 5

Province clears path for biomass project

Renewable energy plan still faces hurdles: Director

PAUL MCLEOD
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The province is stepping out of the way of a proposed biomass project worth hundreds of millions of dollars to the Strait area.

NewPage Port Hawkesbury Corp. had wanted to use wastewater from Crown land to produce power but it was only authorized to use the wood for its pulp mill. Yesterday the government announced it had authorized the company to go ahead with the project.

"What we've done is not stand in the way of a project that wants to go forward," Premier Darrell Dexter said.

But while NewPage may want it to go forward, there are still questions about whether it will.

"It's a large, complex, ex-

pensive project. So there are a lot of challenges, a lot of stakeholders to bring together," said NewPage director of woodlands and strategic initiatives Bill Stewart.

"We're not there yet but certainly we appreciate the province's support for bio-

mass as an important part of renewable energy."

The project would be worth hundreds of millions of dollars and taxpayers would get an immediate benefit of \$400,000 just for stumpage fees from the wood.

NewPage wants to use its existing boiler capacity to burn biomass and run the steam through a turbine to produce electricity. The ex-



Darrell Dexter

Deadline

• NewPage has two years to build the plant before the provincial approval expires. It would be allowed to take up to 170,000 tons of biomass per year, which provincial assessments have deemed sustainable.

haust waste steam would then be used in manufacturing paper in the mill.

Dexter endorsed the project as potentially "a sustainable, long-term way of providing electricity at a cost the taxpayers can afford."

In July, Nova Scotia Power asked for permission from the Utility and Review Board to buy the biomass energy. The board said it was not in its jurisdiction to approve or deny the purchase.

Hawkins found guilty in murder of N. Sydney man

COURT After about five hours of deliberations, a jury found Herbert Hawkins guilty of second-degree murder. The jury of six men and six women began deliberating at about noon Monday. They reached their verdict soon after they resumed deliberations at 9 a.m. yesterday.

Hawkins, 33, was charged with first-degree murder 10 days after North Sydney's Sheldon (Shelly) Boutillier, 48, was found on July 9, 2006 strangled with his throat slit. The charge was later reduced to second-degree murder.

CAPE BRETON POST

NDP defends support of review board's decision

POWER Liberals say a NDP letter on power rates sent six days before the election shows government hypocrisy.

On June 3, NDP chief of staff Dan O'Connor wrote the Utility and Review Board opposing new Nova Scotia Power conservation programs funded by rate payers.

At the time Darrell Dexter said NSP would benefit from extra power charges and "the utility should not pass the costs on to its ratepayers."

The UARB ultimately approved the new charges. Yesterday the NDP sup-

ported a bill that would enable the ratepayer-funded programs.

O'Connor yesterday said the NDP never promised to repeal the UARB's decision and the Liberals are putting words in their mouths.

He said it would be inappropriate for the government to overrule the board, even though they disagreed with its ruling.

"(Power rates) are set by an independent regulator, and they have been for generations, to make sure there can be no political interference," he said.

PAUL MCLEOD/METRO HALIFAX

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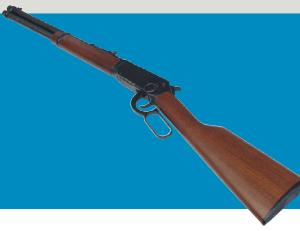
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Two Canadian men have been accused of depositing large, illegitimate U.S. tax refund cheques. Donald Mason of Fort Saskatchewan, Alta., and John Chung of Kelowna, B.C., have appeared in court in Seattle on charges of stealing public money. **THE ASSOCIATED PRESS**

Canada



Long-gun a goner?

A Conservative MP says she's close to having enough opposition support to kill the long-gun registry in a vote on her private member's bill today. Candice Hoeppner says she has commitments from eight Liberal and NDP MPs to vote in favour of her legislation. "I would like to have 12 to really make sure it passes," she said. **THE CANADIAN PRESS**

A working failure?

Auditor blasts reforms to boost labour force

Vaunted reforms to fast-track skilled immigrants and quickly plug gaps in Canada's labour force have not lived up to advance billing, says Auditor General Sheila Fraser.

The Harper government introduced the controversial reforms in 2008.

It argued then they were necessary to eliminate the backlog of more than 600,000 skilled-worker applications and reduce wait times of up to seven years.

But in her latest report, Fraser says the changes have done little to cut the number of new applications pouring in or put a dent in the backlog.

The measures "were implemented without sufficient analysis."

Sheila Fraser

"While it is too early to assess their full impact, the trends in the number of new applications received since the beginning of 2009 indicate they might not have the desired effect," Fraser says.

Indeed, she questions why the reforms — which give the immigration minister power to pick and choose which categories of

skilled immigrants will be fast-tracked or turned away — were introduced.

The measures "were implemented without sufficient analysis," Fraser says.

At the time, opposition critics predicted the reforms would do little other than empower the minister to "cherry pick" favoured immigrants.

New Democrat Olivia Chow said Fraser proves the opposition was right.

"We knew the changes ... were not going to work," Chow said. "We said so.

Almost every immigration lawyer or academic said that it is the wrong direction." **THE CANADIAN PRESS**



Notice

Annual General Meeting
Nova Scotia College of Early
Childhood Education Society

Monday, November 16, 2009
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7:00 PM: Reports and Election
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Royalty A salute that spells 'Canada'



ANDREW MACPHERSON/THE CANADIAN PRESS

Prince Charles and wife Camilla are framed by an RCMP officer as they tour Brigus, N.L., yesterday during their 11-day visit to Canada. A documentary airing the final day of their tour predicts Charles' coronation could spell the demise of the monarchy in Canada. It notes a Canadian poll in which two-thirds of respondents support ditching the monarchy once the Queen dies.

This vaccine grows on you

POLL Who's afraid of the bad ole H1N1 flu vaccine? Not so many, apparently.

Canadians are becoming less and less ambivalent about the vaccine against the H1N1 influenza virus (also known as swine flu), a new poll suggests.

A majority of people either plan to roll up their sleeve or have done so already, the poll shows.

The results of the Canadian Press Harris-Decima survey suggest public reticence is rapidly diminishing in the face of growing concern about the virus.

Forty-nine per cent of re-

Flu Outbreak

spondents said they intended to get the shot, while six per cent reported already having done so.

It's a sharp increase over a similar poll last month that found only about a third of those surveyed intended to get vaccinated.

Only 36 per cent of respondents said they had no plans to get the vaccine, a drop of 14 percentage points since early October.

THE CANADIAN PRESS

News in brief

FLIGHT Cougar Helicopters has returned a Sikorsky S-92 chopper to service after replacing a cracked gearbox component. The aircraft is ready to fly to drilling rigs off Nova Scotia, the firm said. It's the same make of helicopter that was involved in a fatal crash off Newfoundland in March. Christian Kittleson of the VH Aviation Group says the firm remains confident about the S-92. **THE CANADIAN PRESS**

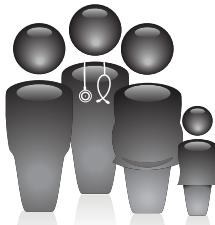
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The Queen Mother "fell in love with Canada" during her first trip to the country in the summer of 1939, says William Shawcross, author of a new official biography on the late royal consort. The 1,120-page tome contains several references to the Queen Mother's adoration of Canada and its people. **THE CANADIAN PRESS**



Dear Nova Scotians:

I know many of you are worried and confused about the H1N1 virus and want to protect your loved ones and yourselves by being vaccinated. As a husband and father, I share your concerns.

We find ourselves in a challenging situation. The demand for vaccinations is high, but right now, our supply is limited.

We are working hard to get vaccine to the most vulnerable Nova Scotians as quickly as possible.

There are many groups of people who are at risk for this disease. Based on the science available to us, right now we are vaccinating pregnant women, children under five, front-line healthcare workers and people in First Nations communities. These groups are the most at risk of getting severely ill with H1N1.

We know there are other people who need to be immunized. Once we receive more vaccines I assure you we will immunize those most at risk, and then all Nova Scotians.

I know these decisions have many of you worried and upset. I know waiting in line at the clinics can be frustrating. I understand that, and I sympathize. It is extremely difficult to prioritize some risk groups over others when you know all groups would benefit.

But I also know that Nova Scotians are a caring people who are concerned for their neighbours as well as themselves. There will be enough vaccine for everyone who wants to be vaccinated. This will happen over the coming weeks. I am asking healthy Nova Scotians to be patient, and as we get more vaccine, to allow those at highest risk to get vaccinated first.

We have a history of pulling together in tough times to protect our communities. I ask for your patience and your understanding as we work through the challenges involved in our province's largest immunization campaign.

For the latest information on the H1N1 immunization campaign, visit www.gov.ns.ca/h1n1 or stay tuned to your local newspaper, radio or TV station.

Sincerely,

Dr. Robert Strang
Chief Public Health Officer

Call HealthLink 811 | or visit gov.ns.ca/H1N1



Quebec arrests 10 Hells Angels

Charges unrelated to Mafia probe

Quebec provincial police have dismantled what they say is an elaborate attempt by the Hells Angels to bully their way into the province's bricklaying industry and use legitimate businesses for money-laundering.

The 10 arrests helped underscore the towering scale of an ongoing scandal in Quebec involving the construction industry's criminal underbelly.

The arrests were completely separate from Operation Hammer, the high-profile probe into allegations of Mafia-related activi-

ty that have rocked the industry and the province's political class. They came on the same day the Quebec government announced new tendering rules for public contracts worth \$25,000, and the province's elections body announced a citizens' forum aimed at toughening political fundraising laws.

Police billed the 10 arrests as a completely isolated case. However, it was one of numerous news items yesterday that hinted at a provincewide crackdown on construction corrup-

THE CANADIAN PRESS

Trenton Repatriation ceremony



FRANK GUNZER/THE CANADIAN PRESS

Gov. Gen. Michaëlle Jean, back right, and Defence Minister Peter MacKay look on yesterday as the family of Sapper Steven Marshall is escorted to view his coffin in the back of a waiting hearse during his repatriation ceremony in Trenton, Ont. Marshall, 24, died Friday when a roadside bomb exploded near Kandahar City.

Dead miners had no chance: Relative

FLOOD Grieving relative Pietro Bollini says three dead miners drowned in such frigid water that their bodies were frozen blocks of ice by the time they were recovered.

The three men were trapped when the northern Quebec mine was flooded Friday and, after a frenzied rescue effort, their bodies were found three days later. Bollini said they couldn't have survived long in the waters. **THE CANADIAN PRESS**

News in brief

GAS PRICES Pump prices normally fall when the cold weather starts to settle in, but drivers might have noticed them heading upward over the past month. Gasoline averaged \$1.02 per litre this past week, according to the latest pump price survey by Calgary consulting firm MJ Ervin & Associates released yesterday. At the beginning of October, the price was just shy of 95 cents per litre. During the first week of November last year, the average pump price was just less than 93 cents per litre.

THE CANADIAN PRESS

Man gets 2½ years for airport laser prank

A Southern California man who aimed a laser beam at two airliners as they approached an airport has been sentenced to 2½ years in federal prison for disrupting the flights. The laser beam struck one pilot in the eye, causing "flash blindness," and interfered with pilots' ability to land the other plane. **THE ASSOCIATED PRESS**

World



Images show what girl may look like now

Computer generated images from Britain's Child Exploitation and Online Protection Centre shows how Madeleine McCann might look now, right, and with darker hair and tanned skin in case she has been living in north Africa, left. The now six-year-old girl disappeared more than two years ago while on vacation with family in the Portuguese Algarve. British police appealed yesterday for Internet users worldwide to spread a one-minute CEOP-made video on McCann's disappearance. **THE ASSOCIATED PRESS**

Tapes mirror Obama's quandary

Released Kennedy recordings show parallels between Vietnam, Afghanistan

Newly released White House tapes from the Vietnam War era portray U.S. President John F. Kennedy wrestling over the fate of South Vietnam's strongman in a situation that appears to mirror Barack Obama's quandary today in dealing with Afghanistan's shaky government.

Obama is beset by questions about President Hamid Karzai's popularity, honesty and management of the war against the Taliban, while Kennedy dealt in 1963 with President Ngo Dinh Diem and his inability

to turn the tide against Viet Cong insurgents.

At issue in both conflicts was a rising number of U.S. casualties in defending unpopular governments.

Forty-six years ago this week, Vietnamese generals, confident they had the sup-

port of their U.S. allies, overthrew Diem's government in Saigon. But Kennedy, conflicted by a State Department green light to the generals in their coup, questioned the move.

Audio tapes and transcripts of four days of White House meetings released this week by the JFK Presidential Library in Boston reflect uncertainty over what steps to take to try to bolster Saigon's government, riddled with corruption and out of touch with its citizens.

THE ASSOCIATED PRESS

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South Africa African tribal leaders launch group



Delegates dressed in traditional Ndebele outfits stand against a wall before the Institute of African Royalty launch in Johannesburg yesterday. The kings, queens and chiefs of Africa say they have a role to play in democracy and development on the continent, and several traditional leaders have gathered in South Africa to launch the institute. **THE ASSOCIATED PRESS**

News in brief

FRANCE Claude Levi-Strauss, widely considered the father of modern anthropology for work that included theories about commonalities between tribal and industrial societies, has died. He was 100. The

French intellectual was regarded as having reshaped the field of anthropology, introducing structuralism — concepts about patterns of behaviour and thought, especially myths, in a range of human societies.

NEW JERSEY Republican Chris Christie has defeated Democratic Gov. Jon Corzine in New Jersey. With 71 per cent of precincts reporting last night, Christie had 50 per cent of the vote to

Corzine's 44 per cent. The Republican victory deals a blow to President Barack Obama as he readies for next year's midterm elections. Obama campaigned heavily for Corzine. **THE ASSOCIATED PRESS**

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Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA

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Comment

God save us from anything Royal

The West View

Paul Sullivan

We are not amused. Charles and Camilla have decided to visit Canada. But nobody asked us, er, me. The military is ferreting the royal couple around in

a free jet, although I'm not sure why — are there no seat sales?

It's bad enough Canadians are still addicted to this vestigial organ of English colonialism; the one we least want to see is Charles. According to the latest poll, 41 per cent prefer William as the next king, and Charlie's stint as tabloid fodder is over (we hope), so what's the point?

Not only that, his mother the Queen is poised to turn up in a few months, which means more bowing and scraping, not to

mention jet fuel. At the rate the military budget is being depleted, our troops will have to leave Afghanistan before 2011, long before it is safe for democracy.

I guess you could say Charles' visit pulls us together. This is the first time in living memory I remember agreeing with a separatist. I'm with Patrick Bourgeois, president of Réseau de Résistance du Québecois. Charles is indeed "an atavistic enemy of free Quebec."

On second thought, maybe Charles' visit is a good idea after all.

But no. It's time to Just Say No to the monarchy and all the ridiculous nonsense that attends it.

It's not just that the English monarchy is an affront to the dignity of people from Bombay to Belfast to La Belle Province, although there is that.

It's not just that these people live in absurd state-sponsored luxury while 24,000 of the world's children die of hunger every

day. And I can't imagine how they can even look at themselves in their gilt-edged mirrors.

It's that here in Canada, we allow the Royals to distract us from nation-building. Instead of forging a strong democratic republic based on diversity, tolerance and imagination, we're allowing Michaëlle Jean to get her vice-regal knickers in a knot over whether or not she's the head of state.

Of course she's not the head of state! She's a CBC reporter! Get over your

self!

The Emperor or the Prince of Wales or whatever he's called, has no clothes on — figuratively speaking — although I bet he's tailored from tip to toe in only the finest products of Savile Row.

God save us from the Queen, the Prince of Wales, the Governor General, the Royal Corgis, etc. Charles?

Go home.

Paul Sullivan is a Vancouver-based journalist and owner of Sullivan Media Consulting; vancouverletters@metronews.ca.

Word on the street: How well have governments — federal and provincial — handled the H1N1 vaccination program?

Jared Chaston

age n/a,
Dartmouth

A: From what I've heard they're running out — there's just not enough of it. If there was such a big scare you'd think they'd be a little more prepared for the whole fiasco.



Evelyn Mann

age n/a, Halifax

A: As well as can be reasonably expected given that it's a moving target. I don't think you can entirely blame the government, too. There's the pharmaceutical companies putting it together.



Niall McSwiggan

age n/a, Halifax

A: I think province by province it has been mishandled. It's not consistent and it has put the fear of God into a lot of people and I believe unnecessarily.



Donna McCulley

age 35, Ottawa

A: I don't think they're doing a very good job. The line-ups are ridiculous. They are taking way too long to vaccinate all the high-risk people. The rest of us have to wait until what? We're sick or worse?



Sergio Timoklein

age 29, Toronto

A: On a scale from one to 10, three or four. Big lineups ... Didn't have enough of the vaccine ... I think they should explain it more, give more information about how it can be prevented.



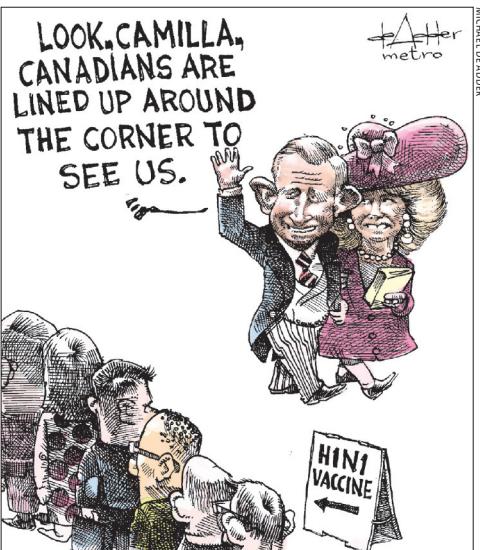
Andrea Bagnas

age 27,
Vancouver

A: I think they handled it pretty well. They have a bunch of available vaccination sites. As far as I am concerned they are handling it and I don't know what else they could do.



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Nokia announces pending layoffs

Nokia Siemens Networks said yesterday it will lay off up to 5,700 workers globally as part of a move to cut annual costs by \$785 million. The mobile network equipment maker said it will reduce its five business units to three by January, and strengthen its business through partnerships and acquisitions. **THE CANADIAN PRESS**

Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Industry launches web recall program

A coalition of Canadian industry associations has come together to launch a single standardized program for product recalls.

The new recall program will make use of web-based technology created by GS1 Canada, the non-profit organization known for creating and managing bar codes used by businesses.

The new program will not replace or change the existing recall system driven by the Canadian Food Inspection Agency.

But the group representing manufacturers, retailers and distributors says it will standardize the communication of recall information between Canadian businesses.

Currently, product re-

calls are the responsibility of the company involved, and the company works with the Canadian Food Inspection Agency and retailers to execute them.

The coalition says this results in significant variation in processes and communication across industry.

The group says the new program will enhance consumer safety and lessen the administrative burden for businesses.

THE CANADIAN PRESS



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Deal **Buffett laying tracks**



In this May 2009 file photo, Warren Buffett, CEO of Berkshire Hathaway, waves to shareholders prior to a meeting in Omaha. Berkshire Hathaway said yesterday it has agreed to buy Burlington Northern Santa Fe in a deal valuing the railroad at \$34 billion.

Business in brief

COURT A legal fight between U.S. investment bank Goldman Sachs and insolvent Canwest Global Communications Corp. is brewing after Goldman filed

court documents suggesting creditors of the media conglomerate have been making moves without telling them. The allegations centre

around a numbered company created by Canwest at the request of Goldman to hold specialty TV assets.

THE CANADIAN PRESS

Vehicle sales fall

Vehicle sales in Canada were down only one per cent in October compared to a year earlier, the smallest decline in more than a year amid growing consumer confidence.

Overall, 121,500 vehicles were sold in Canada in October, according to data compiled by DesRosiers Automotive Consultants. This compared to 122,711 a year earlier.

"The overall industry is seeing monthly sales return to levels equivalent to what they were in 2008, despite the fact that year-to-date sales for the industry remain down 13.2 per cent," said David Adams, president of the Association of International Automobile Manufacturers of Canada. **THE CANADIAN PRESS**

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Metro Guide Publishing
Windhorse Farm

16-50 Employees Category

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MacDonnell Group Consulting
Next Generation Forest Management Ltd

51-100 Employees Category

Malley Industries Inc.
Northeastern Investigations Inc.
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Over 100 Employees Category

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Russell Christie of the Dalhousie Tigers and Ashley Ryer of the Saint Mary's Huskies are Atlantic University Sport's male and female athletes of the week. Both won their respective cross-country titles last weekend in Halifax. METRO HALIFAX

Sports

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

Tigers deal with roster turnover

Defending AUS champs look to strong recruiting class to fill voids

MATTHEW WUEST
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Simon Farine has some new sidekicks.

The Dalhousie Tigers star and reigning Atlantic University Sport men's basketball playoff MVP has a new-look supporting cast as the club begins its championship defence.

Farine, a fourth-year guard, is adjusting to life after the premature loss of sharpshooter Josh Beattie, among others, but hopes a strong recruiting class will help ease the pain.

"We're more talented, bigger and a more athletic team than we were last year," Farine said. "It all comes down to how the new people fit into our structure and system ... But we have the possibility of being a very good team."

Beattie, a 6-foot-4 wing player, made a name for himself last season when he drained five three-pointers

in a 3:30 span in the championship game. He left after two seasons to focus on academics. Fellow guard Yannick Walcott also left school early, while centre Germaine Bendegue graduated.

Bedford's Beattie, who was ninth in AUS scoring and nailed 47.6 per cent of his treys, will leave a gaping hole.

"He stepped up really big for us, especially in the playoffs, and he had a promising career ahead of him," Farine said. "But we can't think about that anymore. We have some players who can step in and do some of the things he couldn't do."

The Tigers expect three newcomers to fill in for Beattie. Mari Peoples-Wong, William Yengue and Chris Hunt are all capable of sliding into his spot. Meanwhile, 6-foot-9 Calgary Dinos transfer Joseph Schow and 6-foot-8 returnee Sandy Veit provide a strong presence in the paint at both ends.

Season set to open

- The Atlantic University Sport men's basketball season opens on Friday. The Dalhousie Tigers, ranked fifth in the country, visit the New Brunswick Varsity Reds in Fredericton, N.B., while the Saint Mary's Huskies head to Sydney for a two-game meeting with the nationally-seventh-ranked Cape Breton Capers.

Defence will again be a priority for the Tigers, who allowed an AUS-low 66 points per game last season.

Farine, who dominates possessions and is the centre of Dal's offence, placed fourth in AUS scoring last season with 19.1 points per game and is a player-of-the-year candidate.

"I'd like to be AUS player of the year, but I'd much rather win a championship and go back to nationals," he said.



Dalhousie Tigers guard Simon Farine, who averaged 19.1 points a game last season, is a player-of-the-year candidate.

Sports in brief

AUS FOOTBALL Craig Leger of the Saint Mary's Huskies has been named Atlantic University Sport football's offensive player of the week. Leger rushed for 119 yards in a win over the Acadia Axemen last weekend.

AUS HOCKEY Today's Atlantic University Sport men's hockey game between Acadia Axemen and Dalhousie Tigers in Wolfville has been postponed in part because of H1N1 concerns. A number of Tigers have been quarantined with flu symptoms, preventing the team from icing a full roster.

METRO HALIFAX

Bigger Huskies aiming for improved season

MATTHEW WUEST
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AUS BASKETBALL The Saint Mary's Huskies wanted to get bigger this season and they're hoping it makes them better.

Huskies head coach Ross Quackenbush has shored up the size of his perimeter positions with the additions of Ryan DeWinter, a 6-foot-6 fifth-year transfer from Dalhousie, and Demitri Harris,

a 6-foot-5 freshman from Vancouver.

He also expects more from 6-foot-4 guard Ronald Vanel, a mid-season recruit who never got settled last year.

The hope is the extra size will help the Huskies improve on a 12-8 record and quarter-final playoff ousting.

"We had some shortcomings last season, literally," said Quackenbush. "We didn't go out and get King

Kong, but we have three guys who make us taller, collectively. We have to defend better, we have to rebound better and those three guys should enable us to do that."

Leading the Huskies is the first-team all-star backcourt of Joey Haywood and Mark McLaughlin, among the best in the country. Centre Ikeobi Uchegbu also returns, while Jack Gallinaugh and Simon Marr are keys off the bench.



Ryan DeWinter

Flu leaves Mooseheads short-handed

MATTHEW WUEST
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QMJHL The Halifax Mooseheads will be without three players because of the flu tonight against the Saint John Sea Dogs.

The last-place Mooseheads, who are looking to end a franchise-record 11-game losing streak, will be without goaltender Joel Grondin, defenceman Sawyer Hannay and forward Jessyko Bernard against the first-place Sea Dogs.

The trio will stay at home for the bus trip to New Brunswick.

"We don't want them on the bus with everyone else for 10 hours," said Mooseheads head coach Cam Russell.

Goalie Randy Chisholm has been recalled from the junior A Picton County Weeks Crushers to replace Grondin, while the expected returns of forwards Gabriel Desjardins (flu) and Charles Bety (elbow) counter the other losses.

The Mooseheads have also decided to send defenceman Alex MacDonald to the junior A Dieppe Commandos. MacDonald played in just five games this season.

"He's got to play," Russell said. "It's not beneficial for him, or us, for him to sit around and not play."

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Haas recovering from H1N1

Tommy Haas, Germany's top-ranked tennis player, is recovering from swine flu. "I did a test because I suspected that I had swine flu. The test was positive," Haas said in yesterday's Bild newspaper. Haas told the paper he was already feeling better. **THE ASSOCIATED PRESS**

Flames score flu shots, probe ordered

Alberta to investigate after Calgary players and their families secure H1N1 vaccine

Flu Outbreak

The Alberta government has launched an investigation into how members of the Calgary Flames and their families scored swine flu shots at a special clinic as thousands of people waited in line for the vaccine or were turned away.

Alberta Health Minister Ron Liepert said he wants to know if the shots were

"inappropriately diverted" to the hockey players while other Albertans stood in line for hours.

"There is only one supplier in the province and that's us," he said. "They would only be diverted with the approval of the chief medical officer of health."

Dr. Andre Corriveau, Alberta's chief medical health officer, said he first learned about the issue through the news media

Flu stops QMJHL's Wildcats

• Two members of the QMJHL's Moncton Wildcats have been infected with the H1N1 virus, the league said last night in a press release. The Wildcats had a weekend game postponed

because they had fewer than a dozen healthy players available and were unable to ice a full roster. League commissioner Gilles Courteau will address the issue this morning.

yesterday and declined to comment.

Ken King, president of the NHL club, said the players and their families

received their shots Friday at a private location. He said the organization contacted Alberta Health Services and requested the clin-

ic based on recommendations from team doctors, the NHL and provincial guidelines in place at the time.

"We thought that we were working within a protocol that Alberta Health Services thought was appropriate," he said.

Players are at a high risk of spreading the virus "due to the fact that they have frequent physical contact, onerous domestic and cross-border travel, ex-

treme exertion and, frankly, are in very close contact with other teams," he said yesterday.

Part of the consideration was that players are frequently recognized and could have caused a stir at a mass clinic, he said.

The revelation is one more hit for the Alberta government, which is facing mounting criticism for the way it has managed its swine flu vaccination program.

THE CANADIAN PRESS

Pettitte aims to lead Yanks to Series win

BASEBALL Andy Pettitte leaned forward in his chair and recounted a recent chat he had with Derek Jeter as soon as they both realized what was next in this World Series.

Pettitte versus old foe Pedro Martinez, with the Yankees one win from ecstasy.

Still chasing that elusive 27th championship, New York will turn to Pettitte once again in Game 6 tonight, hoping he can pitch them past the Philadelphia Phillies on only three days' rest.

"Me and Derek were talking about it in the clubhouse last night. Just how strange is this?" Pettitte said yesterday. "I think everybody knew it was going to be a great Series. I think everybody knew it was going to be a tough Series. And it looks like it's living up to that."

WORLD SERIES After wasting a chance to wrap things up in Game 5 at Philadelphia, the Yankees set their sights on clinching at home. They'd love to christen their \$1.5-billion US ballpark with a World Series title in its first season and give another championship to 79-year-old owner George Steinbrenner.

Pettitte and Martinez first faced each other on the mound 11 years ago, but they've never done so in the post-season. With so much on the line, it's a delicious matchup of gritty pros in their late 30s, long past their prime.

"Two old goats out there doing the best they can and having fun with it," Martinez said. "I don't have enough words to describe how excited I am about being here. This is just a great gift to me."

THE ASSOCIATED PRESS



Toronto forward Phil Kessel, left, battles for the puck against Tampa forward Martin St Louis last night in Toronto. The Lightning spoiled Kessel's Maple Leaf debut, winning 2-1 in overtime.

Leafs lose Kessel's debut, still winless at home

NHL RESULTS

Tampa 2 Toronto 1 (OT)



HOCKEY Phil Kessel impressed in his long awaited Toronto Maple Leafs debut, but it was more of the same for his struggling team last night as Ryan Malone scored at 2:21 of overtime for a 2-1 Tampa Bay Lightning victory.

Malone tapped home an awkward winner that bounced over Jonas Gustavsson moments after John Mitchell nearly won

it for the Maple Leafs on a pretty rush, with the puck nearly taking another funny hop into the goal.

Malone's goal stood up after a video review.

Vincent Lecavalier also scored for Lightning (5-4-4), who won their first road game of the season (1-4-1).

Ian White replied for the Maple Leafs (1-7-5), who have lost four straight games in extra time and remained winless at home (0-4-2) before a crowd of 19,301. That came despite the best efforts of Kessel, who played over 23 minutes and had 10 shots.

Atlanta 5 Montreal 4 — Mark Popovic scored his

first NHL goal and Colby Armstrong got the game-winner in a seesaw third period to lift the Thrashers over the Canadiens.

Rich Peverley had a goal and two assists, Pavel Kubina got his first as a Thrasher and Bryan Little also scored for Atlanta (6-4-1), which was coming off a 3-1 win Saturday night in Ottawa on a 50-save effort from Ondrej Pavelec.

Detroit 2 Boston 0 — Henrik Zetterberg and Tomas Holmstrom scored in the first period, then Chris Osgood finished with his first shutout of the season to give the Wings a win over the Bruins.

METRO NEWS SERVICES

Chelsea, United advance on late goals

SOCCER Manchester United and Chelsea scored late yesterday to reach the next round of the Champions League with Bordeaux and FC Porto.

United trailed 3-1 at home to CSKA Moscow with six minutes left, but Paul Scholes and Antonio Valencia scored to make it 3-3.

Didier Drogba scored in the 82nd and 88th to put

Chelsea 2-1 up at Atletico Madrid in Group D. The 2008 finalist conceded an injury-time goal and drew 2-2.

In other games, Juventus won 1-0 at Maccabi Haifa; Porto won 1-0 at APOEL Nicosia; Wolfsburg won 3-0 at Besiktas; Bordeaux won 2-0 at Bayern Munich; AC Milan and Real Madrid played to a 1-1 draw; and Marseille routed FC Zurich 6-1.

THE ASSOCIATED PRESS



Sports in brief

CRIME The mother of New York Yankees pitcher Joba Chamberlain faces up to 20 years in prison when she's sentenced next month on a felony drug charge. Jackie Standley pleaded no contest Monday. The 44-year-old was arrested in May after selling methamphetamine to an undercover officer at her Lincoln, Neb., residence.

TENNIS Roger Federer will play an extra clay-court tournament next year to prepare for his defense of the French Open title. Federer has added the Estoril Open in Portugal next May, which he won in 2008 but skipped this year.

INDUCTED NHL great Mark

Messier, world champion kayaker Caroline Brunet, ex-CFL quarterback Warren Moon, longtime Edmonton Eskimos GM Hugh Campbell, standard-bred racing legend John Campbell, women's hockey star Angela James and University of Victoria basketball coach Ken Shields were all inducted into Canada's Sports Hall of Fame yesterday.

BASKETBALL The New Jersey Nets say an MRI performed on forward Yi Jianlian confirmed that he has sprained a ligament in his right knee. The Nets said yesterday Yi will begin rehabilitation immediately and there is no timetable for his return.

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1. Christian Gagnon	NB, CA	193	98	128	226
2. Joanne Doiron	NB, CA	191	98	123	221
3. Kyle Turk	NS, CA	193	103	114	217
3. Paula Almeida-Stille		193	95	122	217
3. Stephen Stille	ON, CA	193	95	122	217
6. Rick Kit	ON, CA	191	93	121	214
7. Danny Chan	ON, CA	192	90	121	211
7. Stephanie Warren	NS, CA	191	93	118	211
9. Brian B	AB, CA	196	92	118	210
9. Edward Smith	NS, CA	186	94	116	210
11. Claude Brunelle	BC, CA	191	87	122	209
12. Jonathon Gremperger	BC, CA	189	99	109	208
12. Neil Mann	ON, CA	188	102	106	208
12. Patrick Reed	AB, CA	190	96	112	208
15. B Fillmore	BC, CA	192	74	133	207

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Metro Drive

EDITOR: KUMAR SAHA, KUMAR.SAHA@METRONEWS.CA

Beep! The winners are here

MARK ATKINSON
and JIL MCINTOSH
for Metro Canada



Last weekend, the Automotive Journalists Association of Canada announced its category winners for the year during its Test Fest event. Metro writers Jil McIntosh and Mark Atkinson were among the automotive experts at the AJAC event who were invited to get behind the wheels of 157 new vehicles and make their picks. Here's the list of the category winners and what our experts have to say about them:

MAZDA3: BEST NEW SMALL CAR (UNDER \$21K)

MARK ATKINSON: Mazda's



Mazda3 Sport, left, and Ford Taurus were among the category winners at the AJAC Awards last weekend.

smart update to the popular 3 sedan hits all the right notes. The updated design, revvy engine and nimble reflexes make this one entry-level car that doesn't feel like a penalty box.

MAZDA3 SPORT: BEST NEW SMALL CAR (OVER \$21K)

JIL MCINTOSH: Hatchback styling and great performance blend with 2.5-litre, 167-horsepower four-cylinder engine.

VOLKSWAGEN GOLF WAGON: TDI BEST NEW FAMILY CAR (UNDER \$30K)

MA: Don't be confused by the name change — the new Volkswagen Golf Wagon is last year's Jetta Wagon with a facelift, a great new audio/nav system and some new badges. Carry-over turbodiesel engine is excellent.

FORD TAURUS: BEST NEW FAMILY CAR (OVER \$30K)

JM: Taurus name returns on an all-new Ford flagship. Roomy and smooth-riding, it uses a 3.5-litre V6, six-speed automatic, and all-wheel-drive; standard MyKey feature lets parents limit speed and radio volume for young drivers.

BMW 335D SEDAN: BEST NEW LUXURY CAR

MA: Compact dimensions and a torque-monster tur-

Metro auto writers shine

Metro writer Mark Atkinson was runner-up in the Journalist of the Year category at the Automotive Journalists Association of Canada Awards last week. A Metro Drive article, *Know Thy Insurance*, was among his submissions. Metro writer Jil McIntosh also bagged awards, including one for Environmental Journalism.

METRO NEW SERVICES

Top award coming

- The Canadian Car of the Year Award and the Utility Vehicle of the Year will be voted on by AJAC members over the next few weeks and will be announced in February at the Canadian International Auto Show in Toronto.

BMW 750i for interior luxury.

AUDI S4: BEST NEW SPORTS/PERFORMANCE CAR (OVER \$50K)

MA: It's not often that manufacturers offer fewer cylinders in their top-line sports machines, but Audi's move to a supercharged V6 from the previous V8 means less weight, better fuel consumption, and improved handling.

- Visit metronews.ca/auto for a complete list of winners and more expert opinion.

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MotoMaster Total Terrain W/T

• This winter tire designed for SUVs, CUVs and light trucks uses D-squared sipe technology to further enhance winter performance while maintaining excellent wet traction throughout the life of the tire. Patented "Snow-Groove" design technology provides biting edges for excellent snow



MARK ATKINSON/
FOR METRO CANADA



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Way of the winter tire

MARK ATKINSON
for Metro Canada



**It's the same questions every time the snow flies:
Should I get winter tires?
Why spend the extra
money when I've never
had a problem before?**

"One of the most important factors in starting, steering or stopping on ice and snow is your tires," says

Mark Cox, director of the Bridgestone Winter Driving School in Steamboat Springs, Colo.

"It makes no difference if you have a front-wheel, four-wheel or rear-wheel drive, your vehicle will perform better in most winter driving conditions if it is equipped with purpose-built winter tires instead of all-season radials."

Can you use all-season

tires all year? "Tire manufacturers have certainly come a long way in improving winter traction of their all-season tires, but a dedicated winter tire is designed specifically to handle winter driving needs," Cox continues.

As for the myth of being more expensive, an article on Toyo Tires Canada's website states that "changing from winter tires to

summer or all-season tires is a bit of a hassle, but the only cost incurred is the cost of remounting your tires. Winter tires used during the months when they are designed will last for many years, extending the life of your summer tires. It can actually save you money when considering the costs of replacing a high-performance tire sooner."

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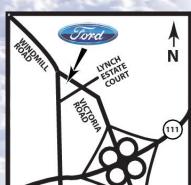
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Mitsu iMiEV's got speed

JIM ROBINSON
for Metro Canada

I have driven the future
and it is quiet.

It's generally believed the future is plug-in electric cars. But you don't have to wait for the end of the next decade to get one.

The Mitsubishi innovative Electric Vehicle or i-MiEV (pronounced I-Mi-EV) is not a glorified golf cart but a true four-seat plug-in electric subcompact sedan that can travel up to 120 km and, if need be, 130 km/h on the highway.

Based on the successful Mitsubishi "i" city car sold in Japan, the series production version of the MiEV was announced June 5 for Japan. It is being used initially on a lease basis to corporations and utilities. The company plans to start sales of i-MiEV to individuals in April 2010.

Closer to home, Mitsubishi Motor Sales of Canada (MMSCAN) has announced it could be on the streets of Canada as early as November 2009 as part of a memorandum of understanding (MOU) between Mitsubishi Canada Ltd, the Government of British Columbia, BC Hydro and the City of Vancouver.

It's actually simpler to



Production has started in Japan on the Mitsubishi i-MiEV plug-in electric car and testing is about to start in Canada.

operate than a car because there's a lot less to worry about like a transmission, water and oil levels and temperatures, no emissions, and of course, no service stations.

As a true plug-in, it can be charged from any household 110-volt outlet in 14 hours and half that from a 220-volt outlet. If the owner installs a 200-volt three-phase quick charging machine, the i-MiEV can pack in an 80 per cent punch in 30 minutes.

What's most surprising is how fast the i-MiEV goes. If you've ever ridden a streetcar,

you know how quick it gets up to speed. Same with this i-MiEV except it just keeps on accelerating until you lift off.



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Pays to know your winter aids

AutoPilot

Michael
Goetz

metronews.ca/autopilot

his is a cautionary tale about chains and electronic aids.

And some of you can get your mind out of the gutter right now. No time for distracting thoughts.

We need to discuss the double-edge nature of bad-weather driving technologies, and we need to discuss it pronto — the white stuff is due any day now.

Once upon a time, a tire chain was a "state of the art" technology for getting around in wintry situations.

Today's automotive technologies make good use of electronics and computers. The four main ones we now harness to move around better in winter are: Anti-

lock braking systems (ABS), traction control systems, stability management systems, and all-wheel drive.

They are all, in a word, "awesome."

But they're not miracle workers — they still have to obey the laws of physics. And if drivers overestimate their capacity to help and/or have absolutely no experience with them before the winter-driving sphincter moment arrives, then they have the potential to be the exact opposite of helpful.

Pierre Savoy is a professional driving instructor. One of his gigs is conducting BMW Canada's Winter Driving School every year somewhere in snowy Quebec. It is his learned opinion that most people are woefully unfamiliar with the operation and intent of these systems.

"Most people don't know how to use them, or what to do when they are activated, or even what they feel like when they are activated,"



Anti-lock braking system (ABS) is a winter-friendly technology but drivers need to know how to use it, columnist Michael Goetz says.

says Savoy. "When I do driving training I get people to activate their ABS brakes, and it's often the first time they do. And what happens? They take their foot off because of the ruckus."

The correct response would be to keep the brake pedal plastered to the floorboards, and realize that the ruckus is caused by brakes violently cycling on and off, so the wheels slow down dramatically but not lock-up. This technique not only gets you stopped in the shortest possible distance, but also allows you to continue steering, hopefully

around any thing you need to get around.

Savoy says traction control and stability control offer the same opportunities for confusion. They automatically apply brakes and/or shut down engine power, to get the car moving, or slowed down and under control when it's swaying — not the most gentlest of experiences. And if you're not expecting it and wondering what's happening to your universe at that moment, well, then it becomes just more excitement you'll need to process at that juncture.

That's why Savoy advocates taking your car out to some safe place to try all this stuff out, before you experience it in anger on some icy road in the middle of the night.

Like we said at the top, these are "aids." They are there to help, not as a substitution for proper decision-making. That's not to say anyone should not indulge in improper decision making from time to time. Just not behind the wheel.

Michael Goetz has been writing about cars and editing automotive publications for over 20 years. He lives in Toronto with his family and a neglected 1967 Jaguar E-type.



Changes to your driving style will keep you safer in winter, says Young Drivers of Canada's Scott Marshall.

Different seasons, different driving

JIL MCINTOSH
for Metro Canada

Preparation, anticipation and reaction: They're vital keys to driving safely and confidently in winter weather. Just as you switch your T-shirt for coat and mittens, you need to adjust your driving habits from summer to winter.

"People seem surprised and shocked that a wet, slippery road isn't going to stop them as fast as a dry road," says Scott Marshall, director of training for Young Drivers of Canada.

On the road, leave more space between your car and others ahead than you might in summer.

"Most drivers forget that in order to respond to a driver in front, we need time to see, to react, and then to stop," Marshall says. "All year round, people make the mistake of allowing a couple of car lengths. It should be at least two seconds instead, and if the road is snow-covered, double that space. Also, never drive beside someone else. Don't trust that the driver isn't going to swerve when he hits ice. Always have a space beside you at all times."

Many drivers dread "black ice," a thin frozen layer that's often difficult to see, and which claims a huge number of drivers each season. Rather than fear it, you should anticipate it, Marshall says. "You can predict where it might be. It will be in areas where the sun doesn't melt it, like a tree-laden road, or under bridges or tunnels."

• More safety tips on safedriving.wordpress.com

University of Toronto top Canadian institution: Ranking

The University of Toronto has been chosen as the top Canadian university in Shanghai Jiao Tong University's 2009 Academic Ranking of World Universities. U of T placed 27th overall. UBC, McGill, and McMaster each made the top 100. METRO NEWS SERVICES

Workology

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

New website connects students to students

RAFAEL BRUSILOW
for Metro Canada

Marketing to students effectively is a tough job but it's a challenge one Canadian agency is taking on by sticking to simple maxim — don't market to people unless you're ready to give them something useful.

Jonathan Tick, 32, is a managing partner at Campus Marketing Agency based in Toronto and says the best — and hardest — type of marketing to do is the kind that actually benefits the people you're marketing to.

"We take a very utility-driven approach to marketing — we don't market unless it benefits the student in some way. Our goal is to provide them with a resource they can use every day," Tick said.

The agency's newest venture is CampusIntel.com, a site geared around taking all of the various things students search for on the Internet — free goodies, campus and world news, blogs, travel deals and classified ads — and package them into a single place accessible with a single click.

The site incorporates a Metro news feed, free blogs and forums and a classifieds/book swap section unique in its rigour. Unlike other online swap sites that allow people to access listings and trade anonymously, CampusIntel's classifieds require a real university



CampusIntel.com, the latest venture for Campus Marketing Agency, is like Craigslist, but it is not anonymous, it requires a student email in order to participate.

"Social networks get a ton of traffic but it's not the kind of traffic that wants to be marketed to. We're really growing this thing organically so that it catches fire."

Campus Marketing Agency Jonathan Tick

email address to access the site, ensuring that the people creating and responding to ads are bone-fide students. The feature also makes it far less likely that users will be preyed upon by muggers or thieves since correspondence is no longer anonymous.

"One of the things we're stressing (about the book swap) is that you need to have a registered email from a post-secondary institution to use it. It's a much safer marketplace than what you would find with a Craigslist or a Kijiji," Tick said.

Tick points at the many recent failed attempts at using Facebook as a marketing platform as an example that students aren't interested in having their online life interrupted by traditional, projected marketing that doesn't offer them any direct benefit.

"Social networks get a ton of traffic but it's not the kind of traffic that wants to be marketed to. We're really

growing this thing organically so that it catches fire," Tick said.

The power of the student demographic of educated people aged 18-24 can be intense, as Tick says the age group is highly peer-oriented, very impressionable and develops life-long habits that can decide, for instance, which razor someone uses for the rest of their life.

"This is the time of your life when you're creating your spending habits, your buying habits and loyalty habits. It is a very critical demographic for brands," Tick said.

When I was running Venture, the CBC business show that retired from the airwaves in 2007, occasionally a team member came

metro's kooldest

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Reviewers have praised its emphasis on fresh local ingredients and the simplicity of its cuisine. Now, Cibo Trattoria on Seymour Street in downtown Vancouver has received another accolade: it's been named by enRoute magazine as Canada's best new restaurant. **THE CANADIAN PRESS**

Travel

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Voluntourism ideas

The new book *Frommer's 500 Places Where You Can Make a Difference* (John Wiley & Sons) details numerous possibilities for voluntourism, grouping them into categories such as animal welfare, working with children, healing the environment, building better communities, peace-building and spiritual service. Service travel has been around a long time, writes author Andrew Mersmann, but "the easy availability of these trips is somewhat new." **THE CANADIAN PRESS**

Present perfect

London's markets are an inspired source for wallet-friendly gifts

ROMINA Mc GUINNESS



New York City may be famous for its over-the-top take on the Christmas season, but London brings a quirky exuberance to the holidays that's all its own.

Fortunately, this works very well for budget shoppers: just ducking into a high street chain such as Paperchase, paperchase.co.uk will net you delightfully creative cards and ornaments of an ilk that no one at home has likely seen before.

Read more on page 23



Left, shoppers browse for ornaments in Greenwich Market. Right, a huge candy stall at the annual Winter Wonderland in Hyde Park.



STEPHEN MCLAREN/VISITLONDON IMAGES



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New Alaskan cruises

A new small-ship cruise line, InnerSea Discoveries, will start weeklong voyages between Ketchikan and Juneau in 2011. The routes will explore Prince of Wales Island plus the Baranof and Kuiu islands area, Frederick Sound, Admiralty Island and Endicott Arm. **THE ASSOCIATED PRESS**



A shopkeeper in Camden Market.

Continued from page 22

But the city's abundance of street markets also makes London a great place to find fabulous bits and bobs to fill up the stockings. Whether vintage, organic or eclectic, you're sure to find a gift that will make someone merry.

Broadway market

Nestled between Dalston and Hackney and facing leafy London Fields is London's best kept secret: Broadway Market. The market is eco-aware, so no plastic bags are exchanged between buyers and sellers — bring your own tote — and goods are fair trade or organic.

From edible presents to

quirky crafts, Broadway offers all kinds of rich and random treats. You'll also find treasures such as ceramics, lace headbands and secondhand books; assess your bargains over a coffee and cupcake at one of the cozy cafes on the sidewalk. See broadway-market.co.uk.

Camden Market

Don't let the tattoo-clad locals and rock bars put you off London's most fascinating street market, which runs along Regent's Canal. Sure, it's all a little chaotic, but at its heart you'll find an inexhaustible supply of gifts. There are vintage Vivienne Westwood dresses and jewelry sourced from all cor-

ners of the world.

Indulge in a cup of green tea and moist carrot cake at Yumchaa, a rare oasis of peace and quiet overlooking the market place. See camdenlockmarket.com.

Greenwich Market

Situated on the bank of the Thames, the village of Greenwich — a UNESCO World Heritage site — is London... but not quite.

Located outside the central zone makes it the perfect day trip away from the hordes of shoppers. Come the festive period, the stalls are perfect for picking up original gifts that won't break the bank. Richard Crafts' handcrafted metal designs come in all kinds of shapes and sizes: The wired wonders include dancing fairies, Christmas trees and shooting stars. Make a cultural stop at Maritime Greenwich to visit the Cutty Sark, cuttysark.org.uk, the world's last remaining tea clipper ship. The local shop sells all sorts of kitschy memorabilia from Christmas cards to collector coins. See greenwich-market.net.

Spitalfields and Sunday Up Market

Recently revamped Spitalfields is great for those wanting to experience the market vibe while shielded from rain and freezing winds; thankfully, the entire space is covered with a glass ceiling.

You'll find everything from oysters and chocolate brownies to Peruvian pon-

chos and vintage accessories. Cross the road over to Brick Lane for the grittier yet equally glamorous treasure trove that is the Sunday Up Market. See spitalfields.co.uk.

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Kathy Griffin will host ABC's new show *Let's Dance*, in which celebrity contestants will re-enact famous routines. It will premiere at 9:30 p.m. on Monday, Nov. 23, after the *Dancing With the Stars* performance finale. ew.com

Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

New faces

MAC has tapped Lady Gaga and Cyndi Lauper to be the new faces of the MAC AIDS Fund. The campaign, called *From Our Lips*, will launch in February according to Women's Wear Daily. [METRO WORLD NEWS](http://metroworldnews.com)



Scrooge reborn ... again

BY RICHARD CROUSE



For Metro Canada

IMDB lists 70 entries for the character Ebenezer Scrooge. Everyone from Jack Palance to Vanessa Williams (her character was called Ebony Scrooge) have "bah humbugged" their way through the role.

This weekend Jim Carrey joins that list in a big budget Disney motion capture version of *A Christmas Carol*. But why have the character and the story of the man who hated Christmas stayed popular since Charles Dickens penned it 166 years ago?

The first reason may have appealed to old

A Christmas Carol opens in theatres this Friday

Movie feature

Scrooge's frugal nature. The story is in public domain, meaning there are no pesky payments to the Dickens family for using the character, but to be made (the first film came in 1901) remade (21 times on film and dozens more made for TV) then turned on its head and remade again and again, there must be something

else about the story's humbuggery that resonates with viewers. The *Life and Times of Ebenezer Scrooge* author Paul Davis says the story is one of those rarities that is so familiar it's almost part of



Jim Carrey, right, is the latest actor to play Scrooge in the upcoming Disney version of *A Christmas Carol*.

our collective DNA.

"My acquaintance with Scrooge seems preliterate," he wrote, "different from my sense of ... Dr. Doolittle or Robinson Crusoe. I remember when I first met the Hardy Boys, but I feel

as though I've always known Scrooge and Tiny Tim."

Some scholars think the story's ability to seem current, no matter when it is restaged, is a major selling point.

"What it all boils down to is that *A Christmas Carol* is that rare and precious thing, a story for the ages," said the Washington Post's Jonathan Yardley, "like other such stories — the Bible ... the plays of Shakespeare — becomes a distinct and different entity in each age."

Perhaps these days of economic uncertainty have given the story a timely slant as Scrooge's penny-pinching ways could be seen as something to be emulated. The bottom line, however, may be the simplest explanation of all: *A Christmas Carol* is a tale of redemption that confirms the fundamental spiritual nature of Christmas itself. In other words, it makes us feel good.

Carey's carol

• Playing Ebenezer Scrooge in the new 3-D animation version of Charles Dickens' *A Christmas Carol* was a different acting experience for Jim Carey. That's because the movie uses motion-capture technology. The face the digital artists came up with for Scrooge was disconcerting, Carrey admits. "When I saw the movie, one of the first things I said was, 'My family is going to have a heart attack. That is my father.'" For inspiration, Carrey looked to the famous Scrooges of the past, particularly Alastair Sim, from 1951's *Scrooge*. [— NED EHRLER/](http://metroworldnews.com)

[METRO WORLD NEWS](http://metroworldnews.com)

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	HA	H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
11/4/09	31	31	31	ABC	News Center 5	ABC Wild News	Inside Edition	Chronicle	Hank (N)	The Middle (N)	Modern Family	Cougar Town	Eastwick
	7	7	7	ASN	The Road to Avonlea	Degrassi: TNG	TMZ (N)	Hank (N)	The Middle (N)	The Vampire Diaries	Eastwick		
	11	11	11	CBC	Wheel-Fortune	Jeopardy! (N)	Dragons' Den (HDTV) (N)	The Tudors (N) (DVS)	CBC News: The National	The Hour			
	2	2	2	CBC-F	Pyramide (SC)	La force	Virginie (SC) [L'Épicerie	Le Moment de vérité (SC)	Hauts	Le Téléjournal			
	32	32	32	CBS	WBZ News (N)	Evening News	Wheel-Fortune	Jeopardy! (N)	Old Christine	Gary Unmarr	Criminal Minds (N)	CSI: NY	
	69	69	69	CFTM	TVA nouvelles	Le Cercle (SC)	Poule-oeufs or	Occupation	Destinées "Vertige" (N) (SC)	Dr. House (HDTV) (SC)	TVA nouvelles		
	6	6	6	CINP	Entertainment	ET Canada	Melrose Place "Gover"	Bones	Glee	News Final (N)			
	9	9	9	CIFT	et alia	Hollywood	CSI: NY (HDTV) (N)	America's Next Top Model (N)	Criminal Minds (N)	CTV News			
	10	10	10	ELTV	Swap Shop (Live)		Fuelin' Around	Au Natural (N)	Doc Talk (N)	Fuelin' Around	Community Matters		
	36	36	36	FOX	Seinfeld	The Simpsons	Two/Half Men	MLB Baseball	World Series, Game 6 — Philadelphia Phillies at New York Yankees.				
	12	12	12	NBC	News (N)	NBC News	Hollywood	Extra (N)	Mercy (HDTV) (N)	Law & Order: SVU	Jay Leno Show		
	29	29	29	NW			Connect Today's	biggest stories. (N)		CBC News: The National	Planet Earth		
	4	4	4	PBS-B	NewsHour with Jim Lehrer	Greater Boston	Ask This Old	Bill Cosby: The Mark Twain Prize 2009		Bill Cosby: Twain Prize			
	35	35	35	PBS-D	NewsHour with Jim Lehrer	Business Rpt.	Worldfocus	Bill Cosby: The Mark Twain Prize 2009		Bill Cosby: Twain Prize			
	68	68	68	TQS	Guerre clans	Wipe Out	450 chemin	Rire et dérire	Distraction (N) (SC)	Lie to Me: Crimes et Men	Wipe Out		
	23	96	96	BNN	Business News	Headline	Market Call Tonight	After Hours	Market Call	Squeeze Play	Business News		
	18	18	18	CNN	Situation Room-Wolf Blitzer	Lou Dobbs Tonight		Campbell Brown (N)	Larry King Live (N)	Cooper 360			
	54	54	54	GOLF	Golf Central	Top 10	The Golf Fix	PGA Cup Matches Highlights	Top 10 (HDTV)	Big Break Disney Golf (HDTV)	Masters		
	52	52	52	RSE	Connected W-Prime Time	MLB Pregame	MLB World Series, Game 6: Philadelphia Phillies at New York Yankees. (HDTV) (Live)						
	55	55	55	SCOR	Score Today	Covers Experts	Score Today	FullTiltPoker.net Million	Cabby Unlimt	Score Now	NBA Basketball		
	45	45	45	SPUD	Unique Whips	Pass Time	NASCAR Hub	Amer. Thunder	Pink Outtakes	Pass Time	Pass Time	Wrecked	
	53	53	53	TSN	Off the Record	SportsCentre	That's Hockey!	Over the Bolts	NHL Pregame	NHL Hockey	Calgary Flames at Dallas Stars.		
	43	43	43	FAM	Han, Montana	Wizards-Place	Sonny Chance	Zack & Cody	OVERRULED!	Han, Montana	Wizards-Place	Latest Buzz	Ned's School
	44	44	44	TOON	Jimmy Two	Johnny Test	Scooby-Doo	Total Drama	6TEEN	Futurama	King of the Hill	American Dad	
	26	26	26	TREE	Timmy Time	3rd & Bird	Backyardigans	Night Grrl	Max & Ruby	Franklin	Little Bear	Bucket-Dinos	Babar
	27	27	27	YT	iCarly	Drake & Josh	That's-Weird	Malcolm-Mid.	Hates Chris	8 Simple Rules	What I Like	Family Biz	
	16	16	16	A&E	The First 48	Criminal Minds "Lucky"		Bounty Hunter	Bounty Hunter	Bounty Hunter	Bounty Hunter	Bounty Hunter	
	70	70	70	APTN	APTN National News (N)	Investigates	Reel Insights						
	50	50	106	BET	BET's Top 10	Live Top 10	countdown. (Live)	A Man Apart *	(2003, Crime Drama)	Vin Diesel.	First In		
	37	37	37	BRVO	Wine at My Back	The Achievers	Bravo!Videos	Arts & Minds	O'Reagan File	Wingfield	Star Portraits	White Collar	
	25	25	25	CMT	CMT Star	Funnest Home Videos	Reba	Reba	According-Jim	According-Jim	Home Improve.		
	49	49	49	COM	Just for Laughs	Air Force	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	Michael	
	153	153	153	COURT	Struggle for Justice	Trace Evidence-Dr. Henry Lee	Cops Uncut	Dumb Criminal	Special Forces: Untold Stories				
	38	38	38	DISC	How It's Made	How It's Made	Daily Planet (N)	Pitchmen (N)	Mega Builders (N)				
	34	48	48	HGTV	Extreme Makeover: Home	House Hunters	Property Virgin	Realtor	Intervention	Property Virgin	Unsellable	House Hunters	
	46	46	46	HIST	Outlaw Bikers (HDTV)	Hitter's Stealth Fighter	Life After People	Life After People	Ice Road Truckers	Stealth Fighter			
	17	17	17	MM	MuchMusic Video Awards	One Tree Hill	My Date With...	Video on Trial	America's Best Dance Crew	Degrassi: TNG			
	19	19	19	MMMM	mmpt01.c	The Daily Fix	Ranked!		Wild 'n Out	Wild 'n Out	Gene Simmons		
	201	201	201	MTV	(5:30) There Will Be Blood	(8:15) A No-Hit, No-Run Summer *	(2008)		My Bloody Valentine **	(2009, Horror)			
	48	23	23	OLN	Mantracker	Ghost Hunters	Do the Bounty Hunter		Survivorman				
	51	51	51	PEACH	The Office	Name Is Earl	Family Guy	Law & Order: SVU	The Office	The Office	Bad News		
	206	206	206	PIX	(6) The Fifth Element	CST: Crime Scene Invstgn.	(8:15) Replikator *	(1994, Science Fiction)	Prince of Darkness **	(1987, Horror)			
	67	67	67	RDI	RDI monde	RDI économie	24 Heures en 60 minutes	Artisans du changement (SC)	Le Téléjournal (SC)				
	39	39	39	SHOW	Trailer Park	Trailer Park	The Outer Limits	The Guard "Waheguru"	Found.	Paradise Falls	Bones		
	40	40	40	SILCE	Skin Deep	Rich Bride, Poor Bride	Nearly Dead	Nearly Dead	Nearly Dead	Newlywed	In Laws		
	47	47	47	SPACE	Stargate SG-1	Stargate Atlantis (DVS)	Star Trek: Voyager "Q2"		Torchwood		Supernatural		
	14	14	14	SPIKE	CST: Crime Scene Invstgn.	CST: Crime Scene Invstgn.	UFC Unleashed	UFC Unleashed	Ult. Fighter				
	57	98	98	STAR	etalk	TMZ (N)	Look-A-Like	TMZ	The Ellen DeGeneres Show (N)	The View (HDTV) (N)	Dr. Oz Show		
	21	21	21	TC	Say Yes-Dress	Say Yes-Dress	Little Couple	Little Couple	Cake Boss	Say Yes-Dress	Flowers Uncut		
	28	28	28	V	Emily of New Moon	Murder, She Wrote	Keeping Up	Foot in Grave	Cake Boss	Say Yes-Dress	Flowers Uncut		
	60	97	97	VIVA	Da Vinci's Inquest	Cold Case		Missing					
	22	22	22	W	House-Sell	Style by Jury	Old Christine	Friends	Friends	Grocery Bag	Grocery Bag	Yourself Sexy	Chef Worthy
	251	251	251	WGN	WGN Evening News	Two/Half Men	Family Guy	America's Next Top Model (N)	The Vampire Diaries				

critics' corner

Dog the Bounty Hunter

In this episode, Duane "Dog" Chapman has his heart squeezed by his latest target: Mona Lisa. No, he's not trying to pilfer that painting of the mysteriously smiling lady. Dog's Mona Lisa is a young woman whose fast and loose lifestyle has gotten her into some hot water. Since his own daughter Barbara — who shares Mona's birthday — died in a high-speed car accident, Dog is determined not to let Mona ruin her life. 6 PM on OLN



Mercy

You don't need the Wizard of Oz or a bottle of tequila to give you courage. For Veronica (Taylor Schilling), it's a brave cancer patient who inspires her to face her fear of telling her husband (Diego Klattenhoff) about her affair with Dr. Sands (James Tupper). Another patient has Sonia (Jaime Lee Kirchner) rethinking her arm's-length approach to dating just as her guy (Charlie Semine) disappears in the new episode "The Last Thing I Said Was." 9 PM on NBC

Dishing on divorce

IAN JOHNSTON
for Metro Canada

Divorce sucks in general. But to have your divorce played out in public can reach new heights of ... well ... sucking.

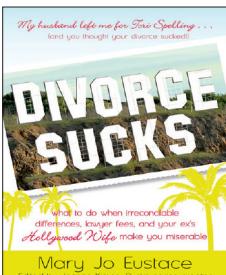
"Divorce really kicks your ass," says Mary Jo Eustace, who woke up one day to find out her husband, actor Dean McDermott, had left her for Hollywood starlet Tori Spelling.

Cue the tabloid frenzy.

"I'd get constant calls to sell my story or to be on reality shows. Friends sold stories about me to the tabloids. And I was constantly portrayed as this bitter, old, crazy ex-wife. Just lie after lie."

Eustace — best known for her cooking series What's For Dinner and He Said, She Said — did eventually get through it, turning her divorce experience into her just-released book, *Divorce Sucks*.

It's a part tell-all, part nonsense guide on what to do (and definitely not do) during a divorce. Which begs the question — why



would she want to relive such a terrible experience?

"I think the book was a perfect combination where I could be funny, and help people by sharing my personal stories," she says. "Divorce is not something people talk about. They assume it won't happen to them. And when it does, it can be horrendous."

In *Divorce Sucks*, Eustace's own experiences occasionally border on the bizarre. Like her questionable decision to meet the "other woman," Spelling, only to have Spelling use

that encounter as fodder for her own autobiographic book.

Eustace — who is originally from Toronto and currently lives in Los Angeles with her two children — says the underlying message of her book is learning to like yourself post-divorce.

"It's about accepting that you're worthy to enjoy life again, and patting yourself on the back. If you're able to do that, it's a major thing," she says. "If you're angry and bitter, you're not going to enjoy your new life."

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Mariah Carey almost went face-first into Jay Leno's stage during a taping of his show on Monday night, popeteer.com reports. As Carey was making her way onto the stage, she tripped up and nearly fell forward. **METRO NEWS SERVICES**

Celebrity Buzz

Rihanna breaks her long silence

CENTRE OF THE CIRCUS

Months after being attacked by ex-boyfriend Chris Brown, Rihanna is speaking out about her healing process in December issue of *Glamour* magazine, people.com reports.

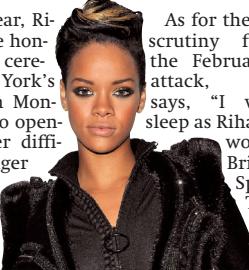
"My story was broadcast all over the world for people to see," she says. "They have followed every step

of my recovery.

"The positive thing that has come out of my situation is that people can learn from that. I want to give as much insight as I can to young women, because I feel like I represent a voice that really isn't heard. Now I can help speak for those women."

Named *Glamour's* 2009

Woman of the Year, Rihanna, 21, will be honoured in a special ceremony at New York's Carnegie Hall on Monday. In addition to opening up about her difficult year, the singer — and fashionista — will also appear in a pictorial spread.



As for the massive scrutiny following the February 2009 attack, Rihanna says, "I went to sleep as Rihanna and woke up as Britney Spears."

That was the level of

media chaos that happened the next day."

And, she says, the past nine months have been a source of growth and strength. "I am stronger, wiser and more aware. You don't realize how much your decisions affect people you don't even know, like fans."

The singer has already

released the power ballad *Russian Roulette* off her fourth album, *Rated R*, due in stores Nov. 23. "I've put everything I've wanted to say for the past eight months into my music," she says. "(It's) super fearless — which is exactly how I feel right now. I am in a really good place."

METRO WORLD NEWS

Winslet gets the last legal laugh

ETHICAL WARFARE

Academy Award winner Kate Winslet said yesterday she was "delighted" to win a payout of about \$40,000 US from a British newspaper that said she lied about her exercise regime, people.com reports.

"I strongly believe that

women should be encouraged to accept themselves as they are, so to suggest that I was lying was an unacceptable accusation of hypocrisy," the 33-year-old mother of two said in a statement. **METRO NEWS SERVICES**



Kiefer drinking at 7 a.m.?

NO FIGHTS REPORTED

It's never too late for a nightcap, at least not for Kiefer Sutherland and his crew.

The 24 star wrapped filming on an episode of the hit series early one morning last week and allegedly headed to a nearby bar in San Pe-

dro, Calif. — at 7 a.m. TMZ alleges Sutherland treated the crew, spending a total of \$700 at the bar between the hours of 7 a.m. and 1 p.m.

METRO NEWS SERVICES



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She likes big butts and she cannot lie

YOU TELL 'EM, SISTER!! The former *Sports Illustrated* cover girl is back in modeling shape — but not because she wants to retake the catwalk. Tyra Banks has regained control of her eating habits, people.com reports.

On *The Tyra Show* airing today, the host reveals her longtime struggle with chronic stomachaches. Thanks to the help of nutritionist Heather Bauer, Banks re-evaluated her eating habits by keeping a food diary.

Banks is now revealing how she lost almost 30 lbs. since her famous

"Kiss my fat ass" incident in early 2007.

But don't worry, Banks assures fans that she hasn't turned her back on the curvy club. "I feel good about my curves and my imperfections — my booty, my boobs, my thighs — I embrace it all," she says. "Now I really can say ... kiss my fat — and still fat — ass." **METRO NEWS SERVICES**



Barton centre of bar brawl?

YOU TALKING TO ME? Mischa Barton sparked a fight at a Halloween party, femalefirst.co.uk reports.

The former O.C. star was furious after a reveller threw a drink over her at New York's Park Bar on Saturday after she accidentally stepped on his foot, throwing her own beverage at the unnamed partygoer in retaliation.

The incident took an ugly turn when the actress — who was dressed as a peacock — returned to her table and told her

friends, who rushed to confront the man.

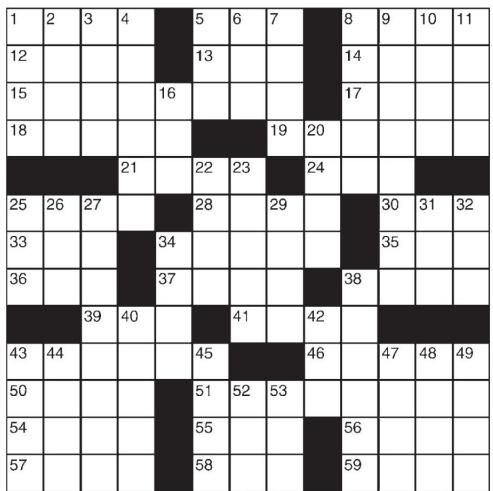
A source told Radar Online: "Within a few minutes one of her male friends came over to confront the guy and asked him to step outside. Mischa's friend left but then he

kept coming back every few minutes to complain."

The two men then allegedly fought on the dance floor before two bouncers came and threw out the instigator — who had "a gash to his head and his knee was all cut up."

METRO NEWS SERVICES



For more delicious Metro recipes, visit: metroneWS.ca/food**Take Five****ACROSS**

1 Foolish sort
 5 Satchel
 8 "Without delay" acronym
 12 A Katzenjammer kid
 13 Commotion
 14 NASA's "Forget it"
 15 "Oh, really?"
 17 PC picture
 18 Mar
 19 Harm
 21 Peruse
 24 Toothpaste type
 25 Bit of banter
 28 Ark builder
 30 Caustic solution
 33 Past
 34 Line dance?
 35 Wet wriggler
 36 Feathery accessory
 37 —"Karenina"
 38 Leading man?
 39 Siesta
 41 Geological periods
 43 Acts the

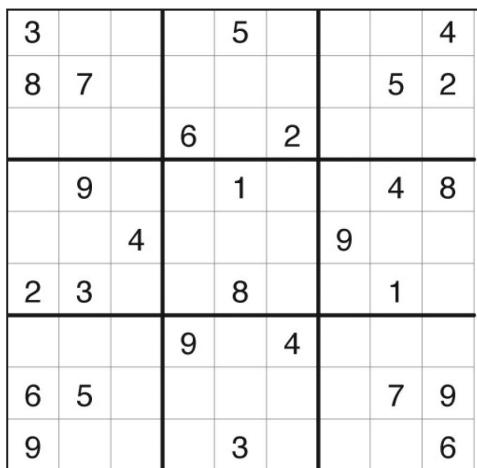
16 Hearty brew
 46 Shelter from the sun
 50 Astrologer's bear
 51 Barely mediocre
 54 Laugh-a-minute
 55 St.
 56 Passenger Parks
 57 Facility
 58 Skillet
 59 Spuds' buds

DOWN

1 Anything but that
 2 Nasty stinger
 3 Grooving on
 4 Unisex garb
 5 Cudgel
 6 Billboards
 7 Suitable
 8 Japanese cartooning style
 9 Commonly named
 10 Highly excited
 11 Southern bread

Metro Recipe of the Day**Sudoku**For more/less challenging Sudoku puzzles, visit metroneWS.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

**PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:**

A	R	E	A	P	A	M	G	E	N	E
M	E	R	V	O	V	A	V	I	D	
S	T	R	A	N	G	E	L	I	N	G
T	O	O	G	A	L	L	E	Y		
S	A	L	A	D	I	A	G	O		
P	I	E	R	S	T	R	A	P	P	D
A	N	A	V	I	C	E	S	E	R	E
S	T	R	A	I	G	H	W	A	N	E
A	Y	H	T	B	A	Y	W	A	N	E
S	P	I	R	T	B	O	G			
T	O	D	O	S	T	R	A	W	H	A
A	N	O	N	E	R	A	A	O	N	E
G	E	L	S	E	E	Y	M	E	T	E

On the webFor more games and 60 additional daily cartoon strips, visit metroneWS.ca**Horoscopes by Sally Brompton** sallybrompton.comFor Sally's expanded daily and weekend horoscopes, visit metroneWS.ca

ARIES
MARCH 21-APRIL 20

 If someone tells you there is something you cannot have you will make every effort to get it. But could it be they are hoping you will react this way?

TAURUS
APRIL 21-MAY 21

 After today you won't be under so much pressure on the work front, but don't use that as an excuse to lower your standards.

GEMINI
MAY 22-JUNE 21

 Don't be too surprised if people you thought were on your side pick holes in what you say and do today.

CANCER
JUNE 22-JULY 22

 Current events may wear you down and make you discouraged today, but that is not an excuse to give up on something.

LEO
JULY 23-AUG 23

 Something you thought you understood yesterday will confuse you today, but don't be down about it.

VIRGO
AUG 24-SEPT 22

 Certain people may be intensely irritating but you must not let them see that they are getting under your skin.

LIBRA
SEPT 23-OCT 23

 Take care that your feelings don't sweep you away over the next 24 hours. You can't rescue everyone.

SCORPIO
OCT 24-NOV 22

 You will get a well deserved rest from a family or relationship problem now that Neptune is turning direct again.

SAGITTARIUS
NOV 23-DEC 21

 Your confidence will fade a bit today as you begin to wonder if maybe you have taken on too much.

CAPRICORN
DEC 22-JAN 20

 Don't be so desperate to improve your financial position that you start taking the kind of risks that could end in disaster.

AQUARIUS
JAN 21-FEB 18

 Cosmic activity in and around your birth sign warns it is time to stop trying to be the biggest and the best in everything you do.

PISCES
FEB 19-MARCH 20

 Be under no illusions about what is important in your life and what is not – and what you stand to lose if you get them mixed up.

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TAKE A BREAK FROM WORK

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metrotube of the day

This day in history

1429: Joan of Arc liberated Saint-Pierre-le-Moûtier.
 1501: Catherine of Aragon (later Henry VIII's wife) meets Arthur Tudor, Henry VIII's older brother – they would later marry.
 1783: W.A. Mozart's Symphony No. 36 receives its première performance in Linz, Austria.
 1852: Count Camillo Benso di Cavour becomes the prime minister of Piedmont-Sardinia, which soon expands to become Italy.
 1921: The Sturmabteilung or SA is formally formed by Adolf Hitler.
 1922: In Egypt, British archaeologist Howard Carter and his men find the entrance to King Tutankhamun's tomb in the Valley of the Kings.

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